

SEMINAR SCHEDULES: Grumbacher Center Classrooms

- 10:00am - 11:00am** "Heart Health and Preventive Measures" Dr. J. Andre Garabedian, Diagnostic Cardiologist from Hanover Medical Group Cardiology Practice at Hanover Hospital, will present.
- 11:00am – 12:00pm** "Aging in Place" Q & A Panel with; Rodney Hulseley, Certified Aging in Place Specialist, Owner of Anramp; Melinda Bixler, Geriatric Care Mgr. President of Elder Healthcare Solutions; Doug Hevner Certified Senior Advisor, Owner of Home Instead Senior Care
- 1:00pm – 2:00pm** "Empowerment for Seniors" will present the keys to living a positive lifestyle.
- 2:00pm - 3:00pm** "Elder Law Update" presented by Robert Clofine, Esquire; Nationally Certified Elder Law Attorney – York PA

Fruit and Vegetable Vouchers

**10:00am -1:00pm-Lobby Area
of Grumbacher Center**

The York Area Agency on Aging, in cooperation with the Pennsylvania Department of Agriculture will distribute 'fruit and vegetable voucher' at the festival. The program provides a free voucher to eligible seniors to buy fresh fruit and vegetables from participating local markets.

ID's showing proof of age and York County residency required